



## A Variety of Choices

We know the destinations you'll be visiting. Our team works with reputable, local tour operators to offer you a variety of excursions to choose from.

## Flexibility & Peace of Mind

We offer:

- Dedicated pre-cruise and onboard specialists to assist you.
- Convenient one-stop shopping for all ports.
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## Book Early

Our most popular tours sell out quickly so book early. Once your cruise is reserved and deposited, you can start booking your excursions. Excursions may be booked online, up to two days prior to sailing date, subject to remaining availability.

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## Key to Activity Levels and Tour Feature Icons

Please refer to the back pages for the key and other important information

# Tour Descriptions for Harvest Caye, Belize

## MAYAN TEMPLE & SPICE FARM

Harvest Caye, Belize Tour Code: BPI\_01

Discover the ancient Mayan archeological site of Nim Li Punit along with its treasures and visit the Belize Spice Farm and Botanical Gardens to see how they cultivate and harvest exotic spices.

Board your air-conditioned bus for a scenic ride to the archeological site of Nim Li Punit, "Large Hat" in the Mayan Kekchi language. The site was so named due to a depiction on a Maya stela of one of its rulers wearing a very large head dress. This unique Mayan ceremonial site has a small museum and a welcome center where you can see some of the large stelas with well-preserved Maya drawings and writing, as well as artifacts. It also has a ball-court in the center of the complex and an observatory in one of the plazas. The entire site is shaded by a canopy of large trees, providing a comfortable environment for viewing this very interesting Mayan site.

Head over to the Belize Spice Farm and Botanical Gardens and see how vanilla, nutmeg, maze cardamom, cinnamon, cloves and black pepper are cultivated. As you travel through the farm via tram, you'll see how these unique spices are dried and processed for packaging. Afterwards, relax in the comfortable guest center where you will be offered a complimentary fresh fruit juice and have the opportunity to purchase some of the spices that are grown here.

Note: Participants must weigh less than 300 lbs. and be in good physical health to be able to climb the temples and stone steps unassisted. This tour is not recommended for guests who are pregnant and past their first trimester. Credit cards and cash can be used to purchase handicrafts and spice products. Your tour will include an approximate 30 minute boat transfer to the Belize mainland and the transfer to Nim Li Punit is approximately 1 hour from tour starting point.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
2	\$109*	\$79*	6 hours	

## MAYAN TEMPLE OF NIM LI PUNIT

Harvest Caye, Belize Tour Code: BPI\_12

Discover the ancient Mayan archeological site of Nim Li Punit along with its many treasures. Board your air-conditioned bus for a scenic ride to the archeological site of Nim Li Punit, "Large Hat" in the Mayan Kekchi language. The site was so named due to a depiction on a Maya stela of one of its rulers wearing a very large head dress. This unique Mayan ceremonial site has a small museum and a welcome center where you can see some of the large stelas with well-preserved Mayan drawings and writing, as well as artifacts.

It also has a ball-court in the center of the complex and an observatory in one of the plazas. The entire site is shaded by a canopy of large trees, providing a comfortable environment for viewing this very interesting Mayan site.

Note: Participants must weigh less than 300 lbs. and be in good physical health to be able to climb the temples and stone steps unassisted. This tour is not recommended for guests who are pregnant and past their first trimester. Credit cards and cash can be used to purchase products. Your tour will include an approximate 30 minute boat transfer to the Belize mainland and the transfer to Nim Li Punit is approximately 1 hour from tour starting point.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
2	\$89*	\$69*	5 hours	

## LAGOON WILDLIFE & MANGROVE ESTUARIES

Harvest Caye, Belize Tour Code: BPI\_03

This is your opportunity to explore amazing saltwater mangrove estuaries, encounter wildlife and learn about the flora and fauna from your nature guide.

Board your sightseeing motor launch directly from the Harvest Caye Marina to explore Mother Nature's amazing saltwater mangrove estuaries and encounter its inhabitants. Your experienced Captain will take you through the protected waters of a lagoon and chart a course towards one of the shallow areas favored by manatees. This is a great opportunity for a close-up encounter with these large docile marine creatures. More often than not, manatees may be viewed grazing and relaxing. Your knowledgeable onboard nature guide will provide you with a detailed narrative about the manatees and their life cycle in the tropical waters of Belize.

As your tranquil sightseeing tour continues traveling along the shore of the picturesque lagoon, your Captain will enter one of the many mangrove estuaries. As the passage narrows, your guide will point-out numerous species of flora and fauna, ranging from marine life, to aquatic plants and trees. There will be many species of birds and at times, wildlife that that live on the tropical savannahs might be spotted - you never know what you might encounter. Before you realize it, your Captain is entering the marina and your enjoyable tour is drawing to an end. You'll have plenty of memories and beautiful photos to share with your family and friends.

Note: Participants must be able to step on and off the vessel without assistance.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
1	\$49*	\$39*	1½ hours	

## RAINFOREST RIVER TUBING

Harvest Caye, Belize Tour Code: BPI\_04

This river tubing adventure is fun, refreshing and scenic. It's an experience the entire family can participate in and enjoy. You'll see picturesque mountains and an authentic Mayan village en route to your river tubing adventure. After passing through the village, you'll arrive at the Jungle Camp Outpost, located on the river's edge, in the middle of the jungle, at the foot of the Maya Mountains. Here, your local guides will prepare you for your journey down the beautiful river that they grew up on.

After your river tubing, you'll come ashore at The Maya Landings where you'll have a chance to relax and purchase a snack, refreshment or even a Mayan work of art, from the women displaying their handicrafts.

Note: Participants must be at least 5 years of age, weigh less than 275 lbs., should be in good health and not have a preexisting heart condition. This tour is not recommended for guests who are pregnant and past their first trimester. Wear a bathing suit under your clothes and bring sunglasses, hat, sunscreen and towel. Beverages, snacks and handicrafts are sold on a cash only basis. This tour includes an approximate 30 minute boat transfer to Belize mainland and the transfer to Jungle Camp Outpost is approximately 30 minutes from tour starting point.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
<b>2</b>	\$79*	\$59*	3½ hours	AGE   

## MONKEY RIVER

**Harvest Caye, Belize Tour Code: BPI\_11**

Travel by river boat along the banks of Monkey River, surrounded by a subtropical rainforest in search of exotic wildlife and beautiful flora and fauna.

South of Harvest Caye, lies a subtropical rainforest along the banks of Monkey River. Travel up river enjoying the beautiful flora and fauna as your guide points out various birds, such as Toucans and Herons. Iguanas have been known to dive into the water, and troops of Howler Monkeys race through the trees, while crocodile's sun along the river bank.

Here you'll exit the river boat for a hike through the jungle, where your guide will identify plants used in herbal medicines and exotic wildlife such as tarantulas, snakes, and monkeys. If you're lucky, you may even spot a tapir, deer or jaguar. Then it's back to the boat for your trip down river, with scenic jungle views and possible wildlife. From Monkey River, you'll cruise the swallow waters in search of manatees and the wildlife of the mangroves.

Note: Participants should be in good general health. As monkey River is a remote destination the following are excluded from participating - pregnant women past first trimester, past or present heart condition and, or breathing conditions. Wear loose comfortable clothing and comfortable walking shoes. Bring a hat, sunglasses, camera and insect repellent.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
<b>2</b>	\$49*	\$39*	4 hours	

## JUNGLE RIVER RAFTING

**Harvest Caye, Belize Tour Code: BPI\_07**

After your boat ride to the mainland, your drive will take you inland with scenic vistas of the Maya mountains. You'll also pass through an authentic Mayan village on the way to your river rafting adventure. Upon arrival,

you'll be welcomed by your local guides, outfitted with your safety gear and provided an orientation safety briefing. Now you're ready to climb aboard your raft for an unforgettable river journey.

Enjoy the beautiful scenery of the jungle along this Class I mountain spring-fed river, as you and your team help your guide maneuver the raft around boulders, through small rapids and over small waterfalls that you'll encounter. At the end of your rafting adventure, your guide will assist you off your raft and you'll have a chance to change into dry clothes, purchase a snack and refreshments and buy Mayan handicrafts created by the local village women.

Note: Participants must be at least 5 years of age and weigh less than 275lbs. This tour is not recommended for guests who are pregnant and past their first trimester, have preexisting heart conditions, any neck, shoulder or back problems.

Wear a bathing suit under your clothes, as you may get wet. Bring sunglasses, hat, sunscreen, towel and cash for any purchases. Tour includes an approximate 30 minute boat transfer to the mainland and the transfer to the launching point is approximately 30 minutes from tour starting point.

<b>ACTIVITY LEVEL</b>	<b>2</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$79*	\$59*	3½ hours	<b>AGE</b> 

## MINI-BOAT BUCCANEER

**Harvest Caye, Belize Tour Code: BPI\_08**

Your mini-boat adventure starts out right from the marina on Harvest Caye. You'll be given an orientation and safety briefing at the mini-boat dock. Each boat is powered with an eco-friendly 4-stroke outboard engine, the front seat is for the "Captain and Mate" and the rear seat is available for one additional adult or 2 children. When you depart the marina, your small fleet will travel together following your guide. They'll ensure you're comfortable at the helm, before starting off on your exploration cruise.

You'll cruise into one of the many mangrove lined waterways to discover some of Mother Nature's hidden secrets. Let your "Navigator" keep an eye out for the marine animals that might be found in these areas, including the many waterfowl species that call Belize home. You may also have an opportunity to encounter iguanas, crocodiles, turtles and even a manatee. Don't miss this opportunity to be the Captain of your very own mini-speedboat, this is great family fun that is both exciting and educational.

Note: Participants must be at least 5 years of age and weigh less than 275 lbs. Drivers of the mini-boat must be at 18 years of age and have a valid driver's license. This tour is not recommended for guests who are pregnant and past their first trimester, have preexisting heart conditions or any neck, shoulder and back problems. Participants should wear their bathing suits under their clothes as they may get wet. Bring sunglasses, hat, sunscreen and towel.

<b>ACTIVITY LEVEL</b>	<b>1</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$69*	\$49*	1½ hours	<b>AGE</b> 

# TROPICAL ISLAND & REEF SNORKELING

Harvest Caye, Belize Tour Code: BPI\_09

Sail to a tiny tropical island on a large power catamaran to snorkel the reef that surrounds the island. It's a very live, vibrant reef with beautiful coral and colorful fish.

Board your large power catamaran right at the Harvest Caye marina and within a few minutes, you'll arrive at your snorkeling destination. This tiny tropical island is surrounded by a very live and vibrant reef system with beautiful coral and colorful fish. Upon arrival, your guide will give you a safety briefing. Here you'll be able to walk off the catamaran and start your snorkeling tour directly from the beach. Snorkel groups will be set into one of three different ability levels with a guide - beginner, intermediate and advanced.

You'll snorkel completely around the island if you're at the advanced or intermediate level. If you're a beginner, your guide will lead you to some of the beautiful coral formations close to the beach. After snorkeling, you can relax on the island and enjoy a drink or snack available for purchase at reasonable prices. On your return ride, enjoy a complimentary fruit or rum punch and listen to rhythmic Caribbean sounds. Another beautiful day in paradise!

Note: Participants must be at least 8 years of age and weigh less than 300 lbs. This tour is not recommended for guests who are pregnant and past their first trimester or have preexisting heart conditions. Wear a bath suit under your clothes and bring sunglasses, hat, sunscreen and towel. Beverages and snack are available for purchase on a cash only basis. You'll receive your snorkel gear (mask, snorkel, fins and vest) on the boat before reaching the island.

ACTIVITY LEVEL 	Adults from \$59*	Children from \$49*	Approximate Duration 3 hours	Tour Features AGE 
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## Activity Levels

- ACTIVITY LEVEL 1** Involves walking over relatively level terrain, possibly some cobblestone, gravel or a few steps. Comfortable shoes are recommended.
- ACTIVITY LEVEL 2** Involves a considerable amount of physical activity such as substantial walking over cobblestone streets, climbing stairs or steep terrain. They're not recommended for guests with walking difficulties. Comfortable, sturdy shoes are recommended.
- ACTIVITY LEVEL 3** Involves physical exertion for extended periods. The terrain may be uneven or steep. It can also indicate a need for swimming in a light current, biking or horseback riding. Recommended only for physically fit and adventurous travelers.

## Tour Features Icon Legend



**Age Requirement** - This tour has specific age requirements.



**C-Card** - Must present a nationally recognized Scuba certification card, logged a dive within the past 12 months and bring a physician's note if you have a medical condition or are taking medication at the time of cruising.



**Debark** - Tour will conclude at the airport, a Norwegian Cruise Line program hotel or an assigned central location for your convenience. Guests are responsible for ensuring their debarkation tour is compatible with their departure flight times. Please allow extra time in case of unforeseen delays, and note that the tour will still run in it's entirely. Refer to the details section of the selected tour for more information.



**Family Recommended** - This tour is great for families.



**Flightseeing Tours** - Due to aircraft weight and balance limitations, the flight company charges an additional rate for passengers that weigh 250 lbs. or more. Space is capacity controlled, please call 1.866.625.1167 for assistance.



**Guests with Disabilities** - This tour accommodates guests that are full-time wheelchair users. Guests can remain in their wheelchair for the duration of the Excursion. Please contact the Shore Excursion staff upon boarding to ensure that your needs can be accommodated.



**Height Requirement** - This tour has specific height requirements.



**Hiking** - Sturdy walking shoes required.



**Limited Mobility** - This tour requires guests to transfer from their wheelchair to board the motorcoach (wheelchairs must be collapsible). Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.



**Meal** - A meal and beverage is provided on this tour.





**Outerwear** - Outerwear/speciality equipment as noted will be provided by the Tour Operator.



**Passport** - This excursion crosses an international border so you'll need a valid passport. Some guests from certain countries may also need a visitor's visa.



**Shopping** - Time permitting, shopping is available on this tour.



**Snack** - A light snack or refreshment is served on this tour.



**Ultimate Tour** - With Norwegian's Ultimate Touring, experience custom adventures like yacht charters, VIP tours and small group touring.



**Weight Requirement** - This tour has specific weight requirements.

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## Please Note

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