



A Variety of Choices

We know the destinations you'll be visiting. Our team works with reputable, local tour operators to offer you a variety of excursions to choose from.

Flexibility & Peace of Mind

We offer:

- Dedicated pre-cruise and onboard specialists to assist you.
- Convenient one-stop shopping for all ports.
- Flexibility to modify or cancel day tours up to 48 hours prior to arrival into port.
- If your tour is delayed, we'll hold the ship for you.
- Fully insured local tour operators.

Book Early

Our most popular tours sell out quickly so book early. Once your cruise is reserved and deposited, you can start booking your excursions. Excursions may be booked online, up to two days prior to sailing date, subject to remaining availability.

It's Easy

Visit www.ncl.com and log in to My NCL or complete the registration to create an account. For assistance, call 1.866.625.1167 in USA & Canada. European guests should visit www.ncl.eu and for assistance call +49 0611 3607 0 or 0845 201 8900 in the UK .

Key to Activity Levels and Tour Feature Icons

Please refer to the back pages for the key and other important information

Tour Descriptions for Alesund, Norway

LAND OF THE TROLLS

Alesund, Norway Tour Code: AES_10

First, visit attractive Alesund, built on three islands with the spectacular Sunnmore Alps in the background. Pass by Borgund Fjord, with its charming suburbs and well-kept gardens and continue to the municipality of Stordal, well known for its furniture factories, an important export item.

As you reach the fertile valley of Valldal, you'll ascend up the valley to Trollstigen, reaching approximately 2,800 feet/850 meters above sea level, then start the descent down the Trolls' Path with its daring hairpin bends. Once back down in valley, make a photo stop to take in the lovely Stigfossen Waterfall cascading down the mountainside.

Next, detour up to Trollveggen where you'll find the Troll Wall with the highest perpendicular rock face in Europe. Climbers from all parts of the world come to visit this over 3,000 foot/1,000 meter tall wall to try out the various routes to the top. Then, pass by Romsdals Fjord with its many small villages known for its ship and boat building. Before returning to your ship, cross over the Orskog Mountain Plateau, a popular skiing area.

Note: Tour may operate in reverse order. Driving the steep Trollstigen mountain road suggests that guests suffering from vertigo should not participate. This tour is too long for children. Dress in layers for a long day and wear comfortable flat shoes.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
1	\$209*	\$146*	8 hours	

HIGHLIGHTS OF ALESUND

Alesund, Norway Tour Code: AES_11

Start your tour with a drive along the Borgund Fjord, through the modern suburbs to the old trading center of Borgund. Here, you'll visit the Sunnmore Open-Air Museum where you'll see various types of farmhouses, boathouses and a number of different boats. Shipbuilding was known to be the most reliable along the coast.

You'll find replicas of the so called Kvalsund and Fjortoft boats from the year 700 A.D. Alongside lies the fishing vessel Heland known as the Shetland bus, as it was used to carry Norwegian partisans across the North Sea during World War II. Then make a detour up to Mount Aksla to enjoy the magnificent view over the town and surroundings, before returning to your ship.

Note: Participants must be able to walk approximately 0.34 miles/549 meters on asphalt and gravel surfaces, with some inclines. Walking at the Sunnmore Museum is at your discretion. Comfortable walking shoes and loose clothing are recommended. Please note that some of the door openings are low, so guests should mind their

heads.

ACTIVITY LEVEL	2	Adults from	Children from	Approximate Duration	Tour Features
		\$88*	\$46*	3 hours	—

ATLANTIC OCEAN PARK & AKSLA VIEWPOINT

Alesund, Norway Tour Code: AES_12

Alesund, the largest town on the northwest coast, has a beautiful setting, built on several islands stretching out into the ocean. You'll drive to the Atlantic Ocean Park, a unique aquarium in Norway. Here, the tanks are built to resemble the coastal environment and its largest tank contains 1 million gallons/4 million liters of seawater. You can even view marine life through an acrylic panel. The park also features an outdoor pool with penguins. Here you can look straight out towards Breisundet – the wide sound surrounded by islands and far out into the open ocean.

You'll see seals coming regularly to be fed. On the way back, you'll have the opportunity to study some of the fine details of the Art Nouveau architecture before you head up to Mount Aksla. Here, a stop will be made for the spectacular view towards the ocean and the many islands. After a short drive through the streets of Alesund, you're back at the pier.

ACTIVITY LEVEL	1	Adults from	Children from	Approximate Duration	Tour Features
		\$104*	\$62*	3 hours	—



SPECTACULAR OUTER ISLANDS

Alesund, Norway Tour Code: AES_14

The community of Giske consists of several islands of which you'll visit two - Giske and Godoy Islands. Today, the inhabitants have ferry-free connection with the town of Alesund and the mainland. Giske is known as the Saga Island because the Viking Chieftain Rollo was born here. You'll travel via bridges and undersea-tunnels to reach this fairly flat and fertile island. Then, visit the Giske Church dating back to 1150, it was originally a chapel that belonged to the powerful Giske family.

Continue to Godoy Island and the small fishing village of Alnes facing the open sea. Here, you'll have the option to visit the lighthouse, if you feel able to climb the stairs to the top. On clear days, the view of the ocean and the many islands is fantastic, a great memory to take back home.

Note: At Alnes Lighthouse, there is approximately 0.12 miles/200 meters of walking on uneven gravel or grass, some uphill. Climbing to the top of the lighthouse is optional, you'll have to manage about 87 steps. Wear appropriate shoes and a windbreaker.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
1	\$93*	\$51*	3 hours	 German  Spanish

CITY WALK AND ART NOUVEAU CENTRE

Alesund, Norway Tour Code: AES_13

Visit the Art Nouveau Centre, located in the old pharmacy building, right in the heart of Alesund. The museum provides an interesting insight into the history of the fire in 1904 and the creative Art Nouveau period. The town center was rebuilt shortly after the fire in the characteristic architecture of that period. You'll see various examples of the style that has made Alesund one of the three last Art Nouveau cities in Europe.

Continue through the town of Alesund and uphill to the little attractive park at the foot of Mount Aksla. Here, you'll find exotic trees and plants, as well as a memorial stone dedicated to the emperor Wilhelm II, the main street in town is also named after him. You may walk up towards Mount Aksla for a spectacular view or just sit in the park and rest before heading back to your ship.

Note: This is a walking tour and requires that participants are in good health and able to walk for 2 1/2 hours on asphalt and cobblestone streets, both uphill and downhill. This tour is not recommended for guests with walking difficulties. Bring a windbreaker as this tour operates in all weather conditions.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
2	\$72*	\$51*	2½ hours	—

RIB RIDE

Alesund, Norway Tour Code: AES_15

Your tour adventure takes place on a Rigid Inflatable Boat - RIB. After being briefed on safety procedures, you'll be suited up with a Personal Floatation Device before you head out of the harbor. Your boat will cruise the coastal waters around Alesund. Go as far as Runde Birdrock or into the sheltered waters of the inside of Alesund, depending on the weather. Your guide will look out for interesting wildlife, birds or even eagles. You can also get closer to a rock where seals are basking. Finally, after approximately 90 minutes of adventure, you'll return to your ship.

Note: Participants must be at least 12 years of age, in good health and able to swim. This tour is not recommended for guests who suffer from back problems or pregnant women. This tour requires guests to walk approximately 0.19 miles/300 meters from the pier to the RIB's staging area. Wear flat or rubber sole shoes and expect to get wet. Lifejackets and goggles will be provided. The route is the guide's decision, depending on the weather and fitness of the participants. A waiver liability release form will be given to all guests.

ACTIVITY LEVEL **3**

Adults from

\$261*

Children from

\$261*

Approximate Duration

2 hours

Tour Features

AGE

Activity Levels

- ACTIVITY LEVEL 1** Involves walking over relatively level terrain, possibly some cobblestone, gravel or a few steps. Comfortable shoes are recommended.
- ACTIVITY LEVEL 2** Involves a considerable amount of physical activity such as substantial walking over cobblestone streets, climbing stairs or steep terrain. They're not recommended for guests with walking difficulties. Comfortable, sturdy shoes are recommended.
- ACTIVITY LEVEL 3** Involves physical exertion for extended periods. The terrain may be uneven or steep. It can also indicate a need for swimming in a light current, biking or horseback riding. Recommended only for physically fit and adventurous travelers.

Tour Features Icon Legend



Age Requirement - This tour has specific age requirements.



C-Card - Must present a nationally recognized Scuba certification card, logged a dive within the past 12 months and bring a physician's note if you have a medical condition or are taking medication at the time of cruising.



Debark - Tour will conclude at the airport, a Norwegian Cruise Line program hotel or an assigned central location for your convenience. Guests are responsible for ensuring their debarkation tour is compatible with their departure flight times. Please allow extra time in case of unforeseen delays, and note that the tour will still run in it's entirety. Refer to the details section of the selected tour for more information.



Family Recommended - This tour is great for families.



Flightseeing Tours - Due to aircraft weight and balance limitations, the flight company charges an additional rate for passengers that weigh 250 lbs. or more. Space is capacity controlled, please call 1.866.625.1167 for assistance.



Guests with Disabilities - This tour accommodates guests that are full-time wheelchair users. Guests can remain in their wheelchair for the duration of the Excursion. Please contact the Shore Excursion staff upon boarding to ensure that your needs can be accommodated.



Height Requirement - This tour has specific height requirements.



Hiking - Sturdy walking shoes required.



Limited Mobility - This tour requires guests to transfer from their wheelchair to board the motorcoach (wheelchairs must be collapsible). Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.



Meal - A meal and beverage is provided on this tour.



Outerwear - Outerwear/speciality equipment as noted will be provided by the Tour Operator.



Passport - This excursion crosses an international border so you'll need a valid passport. Some guests from certain countries may also need a visitor's visa.



Shopping - Time permitting, shopping is available on this tour.



Snack - A light snack or refreshment is served on this tour.



Ultimate Tour - With Norwegian's Ultimate Touring, experience custom adventures like yacht charters, VIP tours and small group touring.



Weight Requirement - This tour has specific weight requirements.

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Please Note

The information in this document was current at the time of printing. Tour descriptions and prices vary by ship and sailing date and are subject to change without notice. Visit www.ncl.com and log in to My NCL for the applicable information specific to your cruise.

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