



## A Variety of Choices

We know the destinations you'll be visiting. Our team works with reputable, local tour operators to offer you a variety of excursions to choose from.

## Flexibility & Peace of Mind

We offer:

- Dedicated pre-cruise and onboard specialists to assist you.
- Convenient one-stop shopping for all ports.
- Flexibility to modify or cancel day tours up to 48 hours prior to arrival into port.
- If your tour is delayed, we'll hold the ship for you.
- Fully insured local tour operators.

## Book Early

Our most popular tours sell out quickly so book early. Once your cruise is reserved and deposited, you can start booking your excursions. Excursions may be booked online, up to two days prior to sailing date, subject to remaining availability.

## It's Easy

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## Key to Activity Levels and Tour Feature Icons

Please refer to the back pages for the key and other important information

## Tour Descriptions for Cagliari, Sardinia

### BEST OF SARDINIA

Cagliari, Sardinia Tour Code: CAG\_01

This perfect combination offers you a comprehensive understanding of what the south of this beautiful island has to offer. Stroll through the “Museum Village” of San Sperate, one of the most important agricultural centers of the island. The village was transformed into an outdoor museum when a local sculptor and muralist had the idea to paint the village walls white and invited several artists to paint their work on them. As you walk, admire the murals and sculptures that embellish this village and reach the studio and garden of the world famous sculptor Pinuccio Sciola. He had the idea for the Murales at San Sperate, but is better known for the sound stones that make music when brushed. They are unique artistic creations that function not only as art, but also as musical instruments.

Visit Barumini, a UNESCO World Heritage site since 1997. During the Bronze Age, a special type of defensive structure known as nuraghi (for which no parallel exists anywhere in the world) developed on the island of Sardinia. The complex at Barumini is the finest and most complete example of this remarkable form of prehistoric architecture. Enjoy a typical lunch which will acquaint you with the flavors of the island. An orientation drive through Cagliari, with photo stops and free time, completes your experience.

Note: Tour involves approximately 1 1/4 miles/2 kilometers of walking on cobblestone and paved terrain in San Sperate and 1/2 mile/800 meters of rough terrain and stairs in Barumini. There are narrow and low ceiling passages at the site. Non-slip shoes are recommended. Guests suffering from claustrophobia are not recommended to take this tour.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
	\$188*	\$104*	8 hours	

### FOLKLORE, TASTES & SIGHTS

Cagliari, Sardinia Tour Code: CAG\_02

Sardinia has deeply rooted traditions. Food and wine always come first to mind but their music and dances are also an integral part of their culture. Experience them as you join your fellow cruisers on this memorable outing. Stop in front of the Basilica of Bonaire while your guide explains its history. From the view point at Monte Urpino, you'll have a great view of the old city, dominated by the Cathedral and the bay with its salt ponds. See the popular Poetto Beach on your way to Maracalagonis, a rich agricultural area at the foot of the Sette Fratelli Mountains.

In these mountains, herds of wild boar and Sardinian deer are still found. Being so close to Cagliari (about 15 miles), allows the people living here to keep their traditions without suffering the inconvenience of excessive isolation. Stop at a typical country house to enjoy a lively folkloric performance with dancers dressed in ancient

Sardinian costumes. While you watch, try some of the local delicacies and cookies prepared according to traditional recipes, all accompanied by Sardinian wines. You'll be welcomed to join the locals on the dance floor and learn a few steps. After learning about Sardinian food, dance and traditions, you'll return to the ship full of joy.

Note: Tour involves approximately 100 meters of walking over relatively flat terrain.

<b>ACTIVITY LEVEL</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
<b>1</b>	\$135*	\$83*	4 hours	

## CAGLIARI & WINE TASTING

**Cagliari, Sardinia Tour Code: CAG\_03**

Enjoy highlights of the city and a visit to a leading wine producing estate in the land of farmers, olive groves and vineyards; where harvest after harvest, from parents to children, the tradition has been handed down. Stop in front of the Basilica of Bonaria for an explanation of the history of this Church, from the outside. Ascend to Monte Uprino for a great panoramic photo opportunity of the city below. A scenic drive takes you to Serdiana where you'll visit a local winery and enjoy a wine tasting.

It all started in 1918, when Francesco Argiolas started from scratch and planted the first vineyard with the assistance of some war prisoners; the rest is history, and you'll hear it all during your tour. Visit the cellars where the juice is fermented and the wine is aged in barrels, in the company of an expert. Three generations of the family work together to produce a high quality product. After visiting the cantina, you'll taste their wines accompanied by Sardinian snacks to help you discover the flavors and sensations that centuries of know-how can offer. Before returning to your ship, you'll have some free time in Cagliari.

Note: Tour involves approximately 1/3 mile/500 meters of walking over a relatively flat terrain. There are approximately 20 steps in the wine tasting room. Guests are suggested to wear comfortable walking shoes.

<b>ACTIVITY LEVEL</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
<b>2</b>	\$93*	\$51*	4 hours	

## NORA - A WALK THROUGH ANCIENT TIMES

**Cagliari, Sardinia Tour Code: CAG\_05**

A visit to the ancient city of Nora is a must for those who want to learn about the island's centuries of occupation, admire Roman and Phoenician remains and the sparkling blue Mediterranean under the watchful eye of the 400 year old Spanish watchtower. Enjoy an orientation drive through Cagliari with a photo stop at Monte Uprino's panoramic lookout point. Drive along the coast passing St. Gilla's lagoon, where if you're lucky, you'll see the pink flamingos and the salt flats. This pleasant drive follows the route taken by thousands of pilgrims every year as they follow Santo Efiso's Cart.

Nora was founded by the Phoenicians. It had two harbors, one sheltered from the west winds and the other from the Mistral. The site has Carthaginian and Roman remains. After a period of Roman prosperity, there was a decline and in the 3rd Century AD the city was engulfed by the sea in a natural disaster. Admire the beautiful mosaics of the thermal baths, an amphitheater and small Roman Theater, as well as small houses and villas. Recently the forum, or agora, has been found, but a substantial part of the former town remains under the sea. It isn't hard to imagine ancient people living their lives so close to the blue waters of the Mediterranean. You'll also see the outside of the little church where, every year, during the first days in May, important religious celebrations take place to commemorate St. Efsio. The church was built on the same site where the saint was martyred.

Note: Tour involves walking approximately 1 mile/1 1/2 kilometers over uneven and rough terrain at the Nora site. Comfortable walking shoes are suggested. This tour is not recommended for guests with walking difficulties or that are in wheelchairs.

<b>ACTIVITY LEVEL</b>	<b>2</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$72*	\$41*	4 hours	—

## BARUMINI - UNESCO WORLD HERITAGE SITE

**Cagliari, Sardinia Tour Code: CAG\_09**

Discover Barumini, a UNESCO World Heritage Site since 1997. During the Bronze Age, a special type of defensive structure nuraghi was developed on the island of Sardinia and today you'll have a chance to explore this amazing site.

Barumini is one of the main strongholds of an entire network of large and small nuraghi all over this area. It gained considerable importance after the discovery, in the late fifties, of the extraordinary fortress of Su Nuraxi, with its adjoining village. The oldest original tower, dating back to approximately the 15th century B.C. is three stories high, with a height of approximately 60 feet/18 meters.

Around the tower are massive fortifications comprising of four towers surrounded by an enormous wall forming a large inner courtyard with a well dug out of rock. You'll also see an intricate village with dwellings, buildings for religious purposes and meetings. The well-preserved remains of the bakeries with ovens, kneading tubs and mill-wheels are impressive.

Note: Tour involves approximately 1/2 mile/800 meters of rough terrain and stairs. There are narrow and low ceiling passages at the site. Non-slip shoes are recommended. Tour not recommended for guests suffering from claustrophobia. In case of inclement weather, you'll visit Casa Zapata instead.





<b>ACTIVITY LEVEL</b>	<b>2</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$93*	\$51*	4 hours	—

## HIGHLIGHTS OF CAGLIARI

**Cagliari, Sardinia Tour Code: CAG\_06**

Cagliari is the capital of Sardinia and its main port. The city dates back to prehistoric times and has been dominated by various peoples through the ages. Drive through the modern part of Cagliari, the marina district with its liberty style villas. Stop in front of the Basilica of Bonaria for an outside view and explanation of the history of the church. Reach the panoramic view point of Monte Urpino, from where you'll admire the views of the ancient part of Cagliari and the coastline. Drive along Poetto Beach and the salt ponds. Walk through the historical center and visit the cathedral, dating back to the 17th century and known for its ornate baroque interior, towers and magnificent bastions. You'll also visit a part of town called "castello", where you'll get great views of Cagliari from the terraces. Enjoy some free time to shop or sip an espresso under the arcades of Via Roma.

Note: Tour involves approximately 1 1/4 mile/2 kilometers of walking over cobblestone, paved and steep terrain. Guests with walking difficulties are not recommended to take this tour. If not able to enter the cathedral due to religious services, an explanation will be provided from the outside. Guests who are planning to visit religious sites during free time or on tour, please dress appropriately. No bare shoulders or shorts are allowed.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
<b>2</b>	\$62*	\$30*	4 hours	 German  Italian  Russian  Spanish

**EASY CAGLIARI & TASTE OF SARDINIA****Cagliari, Sardinia Tour Code: CAG\_08**

See the highlights of Cagliari, the capital of Sardinia from the comfort of your motorcoach. The city dates back to prehistoric times and has been dominated by various peoples through the ages. Drive through the modern part of Cagliari, the marina district with its liberty style villas. Stop in front of the Basilica of Bonaria for an outside view and explanation of the history of the church.

Reach the panoramic view point of Monte Urpino, to admire the views of the ancient part of Cagliari and the coastline. Drive along Poetto Beach to reach the beach of Mare Pintau, where you'll have a brief stop for photos. Near the Monlentargius Saltponds, you might have an opportunity to spot flamingoes. Enjoy a typical and tasty Sardinian snack accompanied by wine at a local restaurant, followed by some free time.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
<b>1</b>	\$93*	\$51*	4 hours	

**MONTE ARCOSU 4X4 NATURE QUEST****Cagliari, Sardinia Tour Code: CAG\_07**

Sardinia is known for its natural beauty, and today, you'll have an opportunity to be in direct touch with nature and explore one of its most beautiful settings. Leave the ship by 4X4 and head to Mount Arcosu, a pristine natural reserve located about 12 miles from Cagliari, with four thousand hectares of wild mountains covered in dense forest typical of the Mediterranean. The forest is well known and is famed for its symbol, the Sardinian deer, protected from extinction and roaming freely and undisturbed here. This reserve belongs to the World Wildlife Fund, which bought it in order to preserve the splendid holm-oak forests present in this territory.

Explore the reserve with its lonely valleys and rocky ridges and take in the spectacular views. You'll take an approximately one hour leisurely walk through paths enriched by the beautiful and fragrant Mediterranean vegetation. And if you're lucky, you might even catch a glimpse of the Sardinian deer and hear its bell. Other species who call this habitat home are fallow deer, boar, hare, wild cat, partridge and golden eagle. After this invigorating walk, you'll be treated to a hearty typical snack accompanied by Sardinian wine.

Note: Participants must be at least 12 years of age. A good portion of the tour is off-road over bumpy and uneven surfaces. Not suitable for guests with back, neck or hip problems as well as other physical limitations. Guests are advised to use sturdy walking shoes, suitable sun protection, wear comfortable layered clothing and bring a light jacket or sweater; temperature at Monte Arcosu is much lower than at the coast. Tour is subject to weather and road conditions. Wildlife sightings are not guaranteed.

<b>ACTIVITY LEVEL</b>	<b>3</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$167*	\$167*	4 hours	<b>AGE</b> 

## PRIVATE TOURING (CAR - 2 GUESTS) HALF DAY

**Cagliari, Sardinia Tour Code: CAG\_70**

This touring option allows you complete freedom to maximize your time and explore the places that really interest you. Discover in comfort and at your own pace with the convenience of a private vehicle, driver and English speaking guide (other languages available on request) at your disposal. You set your pace and itinerary, just tell us where you want to go!

Note: Please contact the Shore Excursion Desk onboard to go over your itinerary. Entrance, parking fees and meals are not included, in order to allow you complete freedom of choice. Bring local currency, as credit cards may not be accepted everywhere. Extra hours available at an additional cost. Guests who are planning to visit the religious sites during free time or on tour, please dress appropriately. No bare shoulders or shorts are allowed in churches. The level of exertion is completely up to you. Prices are per vehicle and not per person, so only one person in the party needs to book this tour.

<b>ACTIVITY LEVEL</b>	<b>1</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$569*	\$569*	4 hours	<b>U-TOUR</b>

## PRIVATE TOURING (VAN - 4 GUESTS) HALF DAY

Cagliari, Sardinia Tour Code: CAG\_71

This touring option allows you complete freedom to maximize your time and explore the places that really interest you. Discover in comfort and at your own pace with the convenience of a private vehicle, driver and English speaking guide (other languages available on request) at your disposal. You set your pace and itinerary, just tell us where you want to go!

Note: Please contact the Shore Excursion Desk onboard to go over your itinerary. Entrance, parking fees and meals are not included, in order to allow you complete freedom of choice. Bring local currency, as credit cards may not be accepted everywhere. Extra hours available at an additional cost. Guests who are planning to visit the religious sites during free time or on tour, please dress appropriately. No bare shoulders or shorts are allowed in churches. The level of exertion is completely up to you. Prices are per vehicle and not per person, so only one person in the party needs to book this tour.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
1	\$699*	\$699*	4 hours	<b>U-TOUR</b>

## PRIVATE TOURING (CAR - 2 GUESTS) FULL DAY

Cagliari, Sardinia Tour Code: CAG\_72

This touring option allows you complete freedom to maximize your time and explore the places that really interest you. Discover in comfort and at your own pace with the convenience of a private vehicle, driver and English speaking guide (other languages available on request) at your disposal. You set your pace and itinerary, just tell us where you want to go!

Note: Please contact the Shore Excursion Desk onboard to go over your itinerary. Entrance, parking fees and meals are not included, in order to allow you complete freedom of choice. Bring local currency, as credit cards may not be accepted everywhere. Extra hours available at an additional cost. Guests who are planning to visit the religious sites during free time or on tour, please dress appropriately. No bare shoulders or shorts are allowed in churches. The level of exertion is completely up to you. Prices are per vehicle and not per person, so only one person in the party needs to book this tour.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
1	\$769*	\$769*	8 hours	<b>U-TOUR</b>

## PRIVATE TOURING (VAN - 4 GUESTS) FULL DAY

Cagliari, Sardinia Tour Code: CAG\_73

This touring option allows you complete freedom to maximize your time and explore the places that really interest you. Discover in comfort and at your own pace with the convenience of a private vehicle, driver and English speaking guide (other languages available on request) at your disposal. You set your pace and itinerary, just tell us where you want to go!

Note: Please contact the Shore Excursion Desk onboard to go over your itinerary. Entrance, parking fees and meals are not included, in order to allow you complete freedom of choice. Bring local currency, as credit cards may not be accepted everywhere. Extra hours available at an additional cost. Guests who are planning to visit the religious sites during free time or on tour, please dress appropriately. No bare shoulders or shorts are allowed in churches. The level of exertion is completely up to you. Prices are per vehicle and not per person, so only one person in the party needs to book this tour.

<b>ACTIVITY LEVEL</b>	<b>1</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$979*	\$979*	8 hours	<b>U-TOUR</b>



## Activity Levels

- ACTIVITY LEVEL 1** Involves walking over relatively level terrain, possibly some cobblestone, gravel or a few steps. Comfortable shoes are recommended.
- ACTIVITY LEVEL 2** Involves a considerable amount of physical activity such as substantial walking over cobblestone streets, climbing stairs or steep terrain. They're not recommended for guests with walking difficulties. Comfortable, sturdy shoes are recommended.
- ACTIVITY LEVEL 3** Involves physical exertion for extended periods. The terrain may be uneven or steep. It can also indicate a need for swimming in a light current, biking or horseback riding. Recommended only for physically fit and adventurous travelers.

## Tour Features Icon Legend



**Age Requirement** - This tour has specific age requirements.



**C-Card** - Must present a nationally recognized Scuba certification card, logged a dive within the past 12 months and bring a physician's note if you have a medical condition or are taking medication at the time of cruising.



**Debark** - Tour will conclude at the airport, a Norwegian Cruise Line program hotel or an assigned central location for your convenience. Guests are responsible for ensuring their debarkation tour is compatible with their departure flight times. Please allow extra time in case of unforeseen delays, and note that the tour will still run in it's entirety. Refer to the details section of the selected tour for more information.



**Family Recommended** - This tour is great for families.



**Flightseeing Tours** - Due to aircraft weight and balance limitations, the flight company charges an additional rate for passengers that weigh 250 lbs. or more. Space is capacity controlled, please call 1.866.625.1167 for assistance.



**Guests with Disabilities** - This tour accommodates guests that are full-time wheelchair users. Guests can remain in their wheelchair for the duration of the Excursion. Please contact the Shore Excursion staff upon boarding to ensure that your needs can be accommodated.



**Height Requirement** - This tour has specific height requirements.



**Hiking** - Sturdy walking shoes required.



**Limited Mobility** - This tour requires guests to transfer from their wheelchair to board the motorcoach (wheelchairs must be collapsible). Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.



**Meal** - A meal and beverage is provided on this tour.



**Outerwear** - Outerwear/speciality equipment as noted will be provided by the Tour Operator.



**Passport** - This excursion crosses an international border so you'll need a valid passport. Some guests from certain countries may also need a visitor's visa.



**Shopping** - Time permitting, shopping is available on this tour.



**Snack** - A light snack or refreshment is served on this tour.



**Ultimate Tour** - With Norwegian's Ultimate Touring, experience custom adventures like yacht charters, VIP tours and small group touring.



**Weight Requirement** - This tour has specific weight requirements.

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