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Key to Activity Levels and Tour Feature Icons

Please refer to the back pages for the key and other important information

Tour Descriptions for Helsinki, Finland

TRADITIONAL HISTORY & CITY HIGHLIGHTS

Helsinki, Finland Tour Code: HEL_56

This tour combines the main sights of Helsinki and a visit to the Seurasaari Open-Air Museum. Drive by the colorful open-air market and stop at Senate Square with the elegant Lutheran Cathedral for a photo opportunity. Continue past the Uspenski Cathedral and see the icebreakers docked for the summer season. Then, it's on to Mannerheim Street, the main thoroughfare and home to Parliament House, the National Museum and Finlandia Hall. Also pass the new Contemporary Art museum, Kiasma, the Olympic Stadium, venue for the Olympic Games of 1952, and the Opera House. Continue to the Seurasaari Open-Air Museum, located on a beautiful green island just a few miles from the heart of Helsinki.

The island is a tranquil oasis in the midst of the city and here, the traditional Finnish way of life is portrayed in the cottages, farmsteads and manors of the past four centuries that have been relocated from around different provinces of Finland. The oldest building on the island is a 1686 wooden church from Karuna, near Turku. The guided walking tour is a fast way of getting to know traditional Finnish life and architecture while enjoying the beautiful surroundings. You'll be treated to coffee and a traditional pastry in this country setting. Then it's on to the unique TempPELLIAUKIO Rock Church, blasted out of solid rock. At the end of the tour, should time allow, you can get off in the downtown area to explore the city on your own or return by your bus to the cruise pier. Should you decide to remain in the city, you'll be responsible for your own return to the cruise pier.

Note: Order of sights might vary. Guides are not allowed to escort large groups through churches while a service is in progress. In this instance the guide will describe the church from the outside. We cannot guarantee entry if services are being held. Due to new traffic restriction, buses will no longer be allowed to drive nearby the rock church; therefore, there will be a 20 minute walk to and from the church (1600 feet approximately). Guests must be able to perform substantial walks over uneven surfaces. This tour will not be offered on September 21, 2015 as the Open Air Museum will be closed.

ACTIVITY LEVEL	2	Adults from	Children from	Approximate Duration	Tour Features
		\$99*	\$49*	4½ hours	—

HELSINKI BY LAND & SEA

Helsinki, Finland Tour Code: HEL_32

Begin your tour by sightseeing boat and pass by Suomenlinna, a series of small interconnected islands near Helsinki that are popular with area residents because of their museums, parks and gardens. In 1748, a fortress was built on the islands and was dubbed the 'Gibraltar of the North'. As your guide describes Helsinki's unique relationship to the sea, continue past waterfront houses and old villas in this unique urban archipelago. Also pass by several other points of interest, including the icebreaker fleet docked for the summer season and Helsinki Zoo. Disembark the boat and enjoy a short visit to Market Square, where you can shop for local handicrafts, sample

Finnish berries or just enjoy the friendly atmosphere.

In warm weather, the square is a popular spot with both locals and tourists. Rejoin your sightseeing coach for a leisurely panoramic tour of some of the main highlights the city has to offer. Pass the Presidential Palace and Uspenski Cathedral, make a photo stop in Senate Square and continue on to Mannerheim Street with the Parliament House, National Museum and Finlandia Hall. The Olympic Stadium and new Opera House will also be seen before arriving at Sibelius Park for a final photo opportunity of the monument of over 600 steel pipes which honor the great Finnish composer Jean Sibelius.

Note: Order of sights may vary. The panoramic tour section does not include any visits to venues. If the Market Square is closed, an alternative shopping venue will be used. Participants must be able to get in and out of a boat.

ACTIVITY LEVEL	1	Adults from	Children from	Approximate Duration	Tour Features
		\$99*	\$49*	4 hours	—





DISCOVER HELSINKI

Helsinki, Finland Tour Code: HEL_52

Discover the main sites of interest in Helsinki, also known as the 'White City of the North.' Along the way you'll pass Embassy Park and the Uspenski Orthodox Cathedral with its brilliant gold onion domes. Continue on to Senate Square and see important buildings attributed to the Neo-Classic architect Carl Ludwig Engel, including the famous Lutheran Cathedral. You'll pass the open-air market on your way to the Olympic Stadium where the 1952 Olympic Games were held. Then it's on to Sibelius Park where you can photograph a monument honoring the great Finnish composer Jean Sibelius.

Pass by the Opera House and then stop to see the Temppeliaukio Rock Church, a unique house of worship blasted into solid rock and topped by a copper dome. Then it's on to Mannerheim Street, Helsinki's main thoroughfare, and other important landmarks. At the end of the tour, you can get off in the downtown area to explore the city on your own or return by your bus to the cruise pier. Should you decide to remain in the city, you'll be responsible for your own return to the cruise pier. This option is only available for morning departures.

Note: Order of sights might vary. Guides are not allowed to escort large groups through churches while a service is in progress. In this instance the guide will describe the church from the outside. We cannot guarantee entry if services are being held. Due to new traffic restrictions, buses will no longer be allowed to drive nearby the rock church; therefore, there will be a 20 minute walk to and from the church (approximately 1,600 feet).

ACTIVITY LEVEL	1	Adults from	Children from	Approximate Duration	Tour Features
		\$72*	\$41*	3½ hours	   

HELSINKI WALKING TOUR

Helsinki, Finland Tour Code: HEL_50

Your coach will take you from the pier to start your walking tour from Senate Square, with its neo-classical atmosphere. It is surrounded by the Main Lutheran Church, the Senate Building and the University. Walk by the central railway station of Eliel Saarinen and see the National Theater and Sanoma Talo. Enjoy a flavorful cup of fresh coffee and pastry served in one of the many coffee venues in downtown.

Continue your tour by walking to Mannerheim Street, Helsinki's main thoroughfare where you'll see Helsinki's museum of Contemporary Art, National Museum, the new Music Hall and the House of Parliament. Then, visit the world famous Rock Church built of bedrock and quarried stone. Continue your walk towards Sibelius Park, in which the name was given to the park honoring Finland's greatest composer, Jean Sibelius.

Note: Guests must be in good physical conditions to walk approximately 4 miles uneven and cobblestone surfaces. Comfortable walking shoes are recommended. Order of sights may vary.

ACTIVITY LEVEL	3	Adults from	Children from	Approximate Duration	Tour Features
		\$83*	\$51*	4 hours	—

EASY HELSINKI

Helsinki, Finland Tour Code: HEL_54

Enjoy the main sights of Helsinki, also referred to as the 'Daughter of the Baltic' or the 'White City of the North' from the comfort of your motorcoach. Your tour begins with a drive along a picturesque road on your way to see the great variety of Helsinki's architecture. In Senate Square, you'll see several buildings attributed to the Neo-Classic architect Carl Ludwig Engel. Enjoy a photo stop at the famous Lutheran Cathedral and continue on to Mannerheim Street, Helsinki's main thoroughfare.

You'll see the Parliament House, the National Museum, and also Finlandia Hall, designed by the famous architect Alvar Aalto. Pass the new Opera House on your way to the Olympic Stadium where the 1952 Olympic Games were held. Then it's on to Sibelius Park, where you can photograph a monument completed of 527 steel pipes honoring the great Finnish composer Jean Sibelius. Enjoy a view of Embassy Park and the colorful open-air market on your drive back to the pier.

Note: Order of sights might vary. Although some photo stops are included, no sites will be visited on this tour. Only collapsible/foldable wheelchairs are allowed as they can be stored in the luggage compartment of the bus. Guests must be able to manage 3 steps to enter the bus.

ACTIVITY LEVEL	1	Adults from	Children from	Approximate Duration	Tour Features
		\$51*	\$19*	2 hours	

PORVOO - TOWN & COUNTRY

Helsinki, Finland Tour Code: HEL_58

Begin with a scenic drive through the main sights of Helsinki towards the picturesque town of Porvoo, the second-oldest town in Finland and a favorite of poets and artists. Porvoo was an important trading center as early as the Middle Ages. Enjoy a walking tour along its cobblestone streets lined with 16th century wooden houses. Browse in the handicraft shops before you continue to Savijarvi Mansion, a private home where the family shows you around and treats you as a personal guest.

Your hosts will serve coffee and cakes along with an assortment of Finnish berries and caramel sauce. Sit on the terrace or indoors, depending on the weather, and you'll be able to see the riding horses and breeding farm. On the return trip to Helsinki, you'll stop briefly in Sipoo for a visit to its 15th century church. At the end of the tour, you can get off in the downtown area to explore the city on your own or return by your bus to the cruise pier. Should you decide to remain in the city, you'll be responsible for your own return to the cruise pier.

Note: Order of sights might vary. Tour participation is limited. Guides are not allowed to escort large groups through churches while service is in progress. In this instance the guide will describe the church from the outside. We cannot guarantee entry if services are being held. Sipoo Old Church is closed on Sundays, some shops in Porvoo may also be closed.

ACTIVITY LEVEL	2	Adults from	Children from	Approximate Duration	Tour Features
		\$135*	\$72*	5 hours	—

HIGHLIGHTS & ARCHITECTURE

Helsinki, Finland Tour Code: HEL_51

Drive along the road through woodlands and the lake country to Hvittrask, the former home of the famous Finnish architects Eliel Saarinen, Armas Lindgren and Herman Gesellius. Built in 1902, Hvittrask is famous for its architecture with buildings of natural stone and logs. Situated on a forested hill overlooking a lake, Hvittrask is now an exhibition center for Finnish arts and crafts. You'll have time to explore the grounds and a guide will escort you through the magnificent home of Eliel Saarinen. Returning to the city you'll pass by the Finlandia Hall and Parliament House.

A brief stop will be made at the Senate Square from where you'll see the Lutheran Cathedral, the University, and Senate buildings. Passing Uspenski Orthodox Cathedral and the Presidential Palace, it's on to visit the unique Tempeliaukio Rock Church blasted into solid rock. At the end of the tour, you can get off in the downtown area to explore the city on your own or return by your bus to the cruise pier. Should you decide to remain in the city, you'll be responsible for your own return to the cruise pier.

Note: Order of tour may vary. Guides are not allowed to escort large groups through churches while service is in progress. In this instance the guide will describe the church from the outside. We cannot guarantee entry if services are being held. Guests must be able to perform substantial walks over uneven surfaces and climb 20

steps while at Hvittrask exhibition center. Due to new traffic restrictions, buses will no longer be allowed to drive nearby the rock church; therefore there will be a 20 minute walk to and from the church (approximately 1,600 feet).

ACTIVITY LEVEL	2	Adults from	Children from	Approximate Duration	Tour Features
		\$104*	\$49*	4½ hours	—

SUOMENLINNA ISLAND FORTRESS

Helsinki, Finland Tour Code: HEL_55

Suomenlinna, known as the 'Gibraltar of the North,' is reputed to be the largest sea fortress in the world and is included on UNESCO's list of World Heritage Treasures. On the 20 minute boat ride to the island, a guide will tell you about Finland's history. Suomenlinna was built to protect the country against invasion from Russia. Walk through the grounds; the complex is a city within the city of Helsinki. Following your walking tour, you may explore the museum on your own, as well as the surrounding parks and beaches.

Back in Helsinki, there will be time to shop at Helsinki's Market Square before returning to your ship. At the end of the tour, you can remain in the downtown area to explore the city on your own or return by your bus to the cruise pier. Should you decide to remain in the city, you'll be responsible for your own return to the cruise pier.

Note: Order of sights might vary. Tour participation is limited and not suitable for guests with walking difficulties. Tour timing is subject to ferry schedule. Restrooms are available on the ferry and in the fortress only.

ACTIVITY LEVEL	2	Adults from	Children from	Approximate Duration	Tour Features
		\$83*	\$51*	4 hours	—

PORVOO & HELSINKI HIGHLIGHTS






Helsinki, Finland Tour Code: HEL_57

After an approximately one hour ride along a picturesque road, you'll stop at the Old Bridge for a magnificent view of Porvoo's quaint Old Quarter. Porvoo is the second oldest town in Finland, dating back to 1346. In this popular artists' center you'll enjoy a walk along cobblestone streets lined with colorful wooden houses. Enjoy some time to explore Porvoo on your own, perhaps browsing the many artisan and handicraft shops, before your short drive to Haikko Manor, where you'll stop for lunch.

After lunch, ride back to Helsinki for a tour of the city which includes a visit to Temppeliaukio Rock Church, Sibelius Park and Senate Square. You'll also see Market Square, the Uspenski Cathedral, the Presidential Palace, and many other city highlights.

Note: Order of sights might vary. Guides are not allowed to escort large groups through churches while service is in progress. In this instance the guide will describe the church from the outside. We cannot guarantee entry if services are being held. Due to new traffic restrictions, buses will no longer be allowed to drive nearby the rock

church; therefore, there will be a 20 minute walk to and from the church (approximately 1,600 feet). Guests must be able to perform substantial walks over uneven surfaces. Some shops in Porvoo may be closed on Sundays.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
2	\$188*	\$104*	7½ hours	    

HOP-ON HOP-OFF

Helsinki, Finland Tour Code: HEL_20

Hop aboard an open top tour bus and explore Helsinki and its sights at your own pace. Buses stop at carefully chosen spots including the Senate Square, Market Square, Sokos Department Store, Temple Church, Sibelius Monument, Olympic Stadium and National Museum/Parliament House and many other popular sights. The Travel Pass allows you to hop-on and hop-off as often as you please. An audio commentary in English and other languages such as French, Spanish, German and Italian is offered.

Note: Duration of tour may vary.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
1	\$34*	\$14*	1½ hours	—

UNIQUE LAPLAND

Helsinki, Finland Tour Code: HEL_05

Visit Yallas Halli, an arctic sports center to experience a winter wonderland of snow and ice with activities the entire family will enjoy. Complimentary activities include - husky rides, kick sleds, sliding hill and tandem skis. You'll also be provided with thermal clothing to keep you warm and comfortable. Enjoy an Ice Shot, made with either vodka or juice at the Ice Bar. You'll also see downtown Helsinki and visit Senate Square, Market Square, Sibelius Park and have some free time to explore on your own.

Note: Order of tour may vary. Visit includes one drink. Underage guests will be served non-alcoholic beverage

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
2	\$156*	\$99*	4 hours	 

Activity Levels

- ACTIVITY LEVEL 1** Involves walking over relatively level terrain, possibly some cobblestone, gravel or a few steps. Comfortable shoes are recommended.
- ACTIVITY LEVEL 2** Involves a considerable amount of physical activity such as substantial walking over cobblestone streets, climbing stairs or steep terrain. They're not recommended for guests with walking difficulties. Comfortable, sturdy shoes are recommended.
- ACTIVITY LEVEL 3** Involves physical exertion for extended periods. The terrain may be uneven or steep. It can also indicate a need for swimming in a light current, biking or horseback riding. Recommended only for physically fit and adventurous travelers.

Tour Features Icon Legend



Age Requirement - This tour has specific age requirements.



C-Card - Must present a nationally recognized Scuba certification card, logged a dive within the past 12 months and bring a physician's note if you have a medical condition or are taking medication at the time of cruising.



Debark - Tour will conclude at the airport, a Norwegian Cruise Line program hotel or an assigned central location for your convenience. Guests are responsible for ensuring their debarkation tour is compatible with their departure flight times. Please allow extra time in case of unforeseen delays, and note that the tour will still run in it's entirety. Refer to the details section of the selected tour for more information.



Family Recommended - This tour is great for families.



Flightseeing Tours - Due to aircraft weight and balance limitations, the flight company charges an additional rate for passengers that weigh 250 lbs. or more. Space is capacity controlled, please call 1.866.625.1167 for assistance.



Guests with Disabilities - This tour accommodates guests that are full-time wheelchair users. Guests can remain in their wheelchair for the duration of the Excursion. Please contact the Shore Excursion staff upon boarding to ensure that your needs can be accommodated.



Height Requirement - This tour has specific height requirements.



Hiking - Sturdy walking shoes required.



Limited Mobility - This tour requires guests to transfer from their wheelchair to board the motorcoach (wheelchairs must be collapsible). Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.



Meal - A meal and beverage is provided on this tour.



Outerwear - Outerwear/speciality equipment as noted will be provided by the Tour Operator.



Passport - This excursion crosses an international border so you'll need a valid passport. Some guests from certain countries may also need a visitor's visa.



Shopping - Time permitting, shopping is available on this tour.



Snack - A light snack or refreshment is served on this tour.



Ultimate Tour - With Norwegian's Ultimate Touring, experience custom adventures like yacht charters, VIP tours and small group touring.



Weight Requirement - This tour has specific weight requirements.

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Please Note

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