

BASSETERRE, ST. KITTS

Basseterre, Caribbean Cooking: History & Folklore in St. Kitts

ACTIVITY LEVEL: EASY

A unique culinary experience! You may have previously enjoyed the exotic flavors of West Indian cooking, but do you know the actual ingredients of the dishes or their history? Regardless of whether you are a seasoned cook or just a lover of tasty cuisine, this demonstration will appeal to you. After a short drive you will arrive at **Fairview Great House & Botanical Garden**. Enjoy **regional dishes** prepared before your eyes. As ingredients are added, the historian cook will recount tales about the history of the regional foods, and talk about the development of dishes that use African, European, and Indian cooking methods. Then you will **sample the dishes** along with **homemade refreshments**. Explore the Fairview Great House & Botanical Garden. You may also choose to meander through the different areas of the beautifully landscaped **2.5-acre botanical garden** at your leisure. Complimentary copies of the recipes of the dishes prepared during your tour will be yours to take home as a souvenir of your unique experience in St. Kitts.

Please note: Due to the limited space available on this tour, it will sell out quickly.

PRICE^{\$}79

Basseterre: Caribbean Scenic Railway

ACTIVITY LEVEL: EASY

Completely circle the island of St. Kitts by road and rail in just a few hours. The St. Kitts Scenic Railway is a **narrow-gauge railroad** that was built almost a century ago to deliver sugar cane from the fields to the mill in Basseterre. Each railcar features seating on two levels. The upper level features a spacious **open-air observation deck** offering panoramic views of the surrounding countryside, while the lower level provides **air-conditioned comfort**. Island ambiance will be evoked with comfortable rattan furniture, complimentary specialty drinks, island music by the **Scenic Railway Choir**, and an informative narrative history of the Caribbean. In addition to your rail experience, your sightseeing will also feature a scenic drive by bus along the southwestern coast. Enjoy unparalleled vistas of **Brimstone Hill Fortress**, the British "Gibraltar of the West Indies," Middle Island where Thomas Jefferson's great-grandfather is buried, and the neighboring island of Nevis, birthplace of American statesman Alexander Hamilton.

Please note: Bring your camera, sunscreen, sunglasses, and a hat if you are planning on sitting on the upper level.

PRICE\$95

Baseterre: Certified One-Tank Dive

ACTIVITY LEVEL: STRENUOUS

One tank will give you enough time to **introduce yourself to the waters of St. Kitts** and the marine life that inhabits the water there, before returning to the dive boat for some time on deck.

Please note: Wear your swimsuit under your clothing; bring a towel. Waiver release form must be signed and medical conditions must be disclosed. Bring your C-card. Scuba equipment is provided.

PRICE\$119

Baseterre: Certified Two-Tank Dive

ACTIVITY LEVEL: STRENUOUS

Two tanks allow more time for in-depth exploration of this **stunning marine environment** and for making the most of your dive dollars among the **abundant corals and fish** of St. Kitts.

Please note: Wear your swimsuit under your clothing; bring a towel. Waiver release form must be signed and medical conditions must be disclosed. Bring your C-card. Scuba equipment is provided.

PRICE\$159

Baseterre: Sky Safari Zipline Adventure

ACTIVITY LEVEL: STRENUOUS

Fly along zip lines up to 1,400 feet in length, 25 stories above the ground! This is a spectacular **5-line zip line** journey based at the **Historic Wingfield Estate**. After a short

orientation, training session, and riding the first (trainer) line, you will hop into vehicles for a trek up the famous **Valley of the Giants** where you may encounter monkeys in the wild fruit trees. You will see fantastic panoramic views of **Brimstone Hill Fortress, Old Road Village**, former sugar estates, the Caribbean Sea, and Mount Liamuiga. With a mile of zip lines you will soar at speeds up to **50 miles per hour**. Thanks to the cutting edge technology of this system you will fly hands and feet free, just like a bird. All you have to do is sit back, and enjoy the experience! You will also be given an opportunity to walk around the Wingfield Estate Ruins. View the first British masonry in the entire New World as well as the remnants of the different methods of processing sugar which are all on site. As an additional treat your tour also includes a short walk to the **Romney Manor**, home of Caribelle Batik, where you can enjoy the enchanting gardens, batik studios, and gift shop.

Please note: This tour is not available for guests who are pregnant, have a heart condition or serious medical condition, previous neck or back injuries. To participate on this tour guests must wear closed-toe shoes, weigh at least 60 pounds but no more than 275 pounds.

PRICE\$79

Basseterre: Snorkel Safari

ACTIVITY LEVEL: MODERATE

Experience the pleasure of snorkeling at several sites that are **abundant with tropical fish and coral life**.

There will be a short 10-minute walk from the pier to the marina where your boat awaits. Then you will cruise the island's pristine southeast peninsula, inhabited by the shy green vervet monkey. Snorkeling opportunities include **Ballets Bay, Shitten Bay, and Bugs Hole**. Marine life varies but you may see: turtles, eagle rays and stingrays, schools of saltwater chub, snapper, angel fish, parrot fish, squirrel fish, and sand sharks. Many **virgin reefs** and extensive soft corals, fans, and sponges make up the reef life. Thirst-quenching non-alcoholic drinks and water will be provided.

Please note: Wear your swimsuit under your clothing and bring a towel. (Towels will be available at the gangway.) Your waiver release form must be signed and medical conditions must be disclosed.

PRICE\$79

Basseterre: St Kitts Quad ATV Adventure

ACTIVITY LEVEL: MODERATE

Here is a unique way to experience the Caribbean! This exciting exploration will begin with a transfer from the dock to the Quad Bike (ATV) base. After an introduction and full orientation on the use of the bikes and safety precautions, you will be ready to mount the four-wheel ATV bikes for a wildly exhilarating adventure. Your **experienced guide** will lead you on a thrilling **ride through cane fields** and down **country dirt tracks** and up **scenic slopes** with views of neighboring islands. On the way you may also be able to **taste local fruits** in season. Then it will be time once more to get back on the bikes and return to the tour base. Enjoy a cool drink before you will be transferred back to the pier.

Please note: You will be provided with a helmet. This tour is not recommended for those with mobility issues or back problems as you will be traveling off road over hilly and bumpy terrain.

PRICE\$95