

## PIGEON ISLAND, ST. LUCIA

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St. Lucia: Flavors Cooking Studio

ACTIVITY LEVEL: EASY

You will depart from the pier for a short scenic drive through **Cap Estate**, passing residential houses to the **Spices Cooking Studio** located in a St. Lucian home offering breathtaking views of the Atlantic side of the island and neighboring homes. Spend time at the little herb garden before arriving at your cooking studio. You will be welcomed with a local fruit juice or water and **assigned to your shared cooking station**. In a modern and beautifully decorated setting your cooking experience will begin. Once you have completed your cooking session which includes **traditional St. Lucian dishes**, you will be seated in an Al Fresco setting to enjoy the dishes you have prepared.

Please note: On rainy days or weather not permitting, the dining experience is relocated indoors.

PRICE\$169

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St. Lucia: Golfing in St. Lucia

ACTIVITY LEVEL: MODERATE

Take a short drive from Pigeon Island up to – **Cap Estate** – the most luxurious residential area on island to the golf course. The St. Lucia Golf & Country Club is an 18 hole Par 71 course with total yardage of 6815. The front nine consists of 3307 yards and the back nine 3508. The course is very scenic with lovely views of the Atlantic coast coupled with dramatic changes in elevation and rolling fairways. The front nine is for straight hitters and it has narrow landing areas and plenty of water and sand traps! Look out for Green No. 4 as the approach shot is a wedge into an island green which is 100 yards away and below you. The back nine is much wider and you have to hit because it is incredibly long! Pack your Iron and No. 2 driver and enjoy the day.

**Please note:** Club rentals, shoe rentals and extra balls are available at the Clubhouse for an additional fee.

PRICE\$109

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St. Lucia: Off Road Segway Adventure

ACTIVITY LEVEL: MODERATE

**Segway riding** is the latest adventure in St. Lucia. Come and experience this off-road thrill while enjoying nature at its best. Marvel at the technology of your Segway X2 and the ease of this type of transportation. Picture fun, safe, unique, and environmentally friendly gliding along while looking at breathtaking scenery in the heart of St. Lucia's tourist district. Start your tour with a **20-minute practice session** on your very own Segway practice track. Then you will embark on your Segway experience. Travel along the **exclusive 1.5 mile well-groomed trail system**. Learn about the island's history and flora and fauna. See ruins of the old U.S. Naval Base and enjoy the beautiful vista of Pigeon Island, Reduit Beach, the Rodney Bay Marina, and the Caribbean Sea all while gliding effortlessly on your intuitive, eco-friendly Segway. One of your stops will be at a naturally occurring pond where you can feed the freshwater fish and then travel on to a local fruit stop at one of the spectacular viewpoints. The tour ends with a final "glide" back to return the Segway.

Please note: Guests must adhere to all safety instructions throughout the entire tour. Helmets are mandatory and elbow and knee pads are available but not mandatory.

PRICE\$129

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St. Lucia: Private Sedan with Guide Full Day

ACTIVITY LEVEL: EASY

Explore at your leisure with a private vehicle, driver, and English-speaking guide. This exclusive tour will allow you to **customize your time ashore** and explore the most interesting sites in the comfort and privacy of your own car. With your private vehicle, and the personalized attention of your driver and English-speaking guide, you will have the **flexibility and independence** to design your itinerary ashore. See the iconic sites, or create your own personal stops to make the experience your own.

Please note: Capacity: 1-2 guests. Private cars are ordered per vehicle (not per person). This tour includes transport in a private car, driver and English Speaking Guide. Itinerary can be adjusted with tour guide as long as it's in the area and does not exceed the duration of 8 hours. Recommended for physically challenged guests.

PRICE\$659

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### St. Lucia: Private Sedan with Guide Half Day

ACTIVITY LEVEL: EASY

Explore at your leisure with a **private vehicle, driver, and English-speaking guide**. This exclusive tour will allow you to customize your time ashore and explore the most interesting sites in the comfort and privacy of your own car. With your private vehicle, and the personalized attention of your driver and English-speaking guide, you will have the **flexibility and independence** to design your itinerary ashore. See the iconic sites or create your own personal stops to make the experience your own.

Please note: Capacity: 1-2 guests. Private cars are ordered per vehicle (not per person). This tour includes transport in a private car, driver and English Speaking Guide. Itinerary can be adjusted with tour guide as long as it's in the area and does not exceed the duration of 4 hours. Recommended for physically challenged guests.

PRICE\$329

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### St. Lucia: Private Van with Guide Full Day

ACTIVITY LEVEL: EASY

Explore at your leisure with a private vehicle, driver, and English-speaking guide. This exclusive tour will allow you to customize your time ashore and explore the most interesting sites in the comfort and privacy of your own van. **With your private vehicle**, and the **personalized attention** of your driver and English-speaking guide, you will have the flexibility and independence to design your itinerary ashore. See the iconic sites, or create your own personal stops to make the experience your own.

Please note: Capacity: 3 - 6 guests. Private vans are ordered per vehicle (not per person). This tour includes transport in a private van, driver and English Speaking Guide. Itinerary can be adjusted with tour guide as long as it's in the area and does not exceed the duration of 8 hours. Recommended for physically challenged guests.

PRICE\$899

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### St. Lucia: Private Van with Guide Half Day

ACTIVITY LEVEL: EASY

Explore at your leisure with a private vehicle, driver, and English-speaking guide. This exclusive tour will allow you to customize your time ashore and explore the most interesting sites in the **comfort and privacy of your own van**. With your private vehicle, and the personalized attention of your driver and English-speaking guide, you will have the flexibility and independence to design your itinerary ashore. **See the iconic sites**, or create your own personal stops to make the experience your own.

Please note: Capacity: 3 - 6 guests. Private vans are ordered per vehicle (not per person). This tour includes transport in a private van, driver and English Speaking Guide. Itinerary can be adjusted with tour guide as long as it's in the area and does not exceed the duration of 4 hours. Recommended for physically challenged guests.

PRICE\$499

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St. Lucia: Rainforest Hike & River Pool

ACTIVITY LEVEL: MODERATE

A short drive through the city and across the island into one of St. Lucia's beautiful rainforests is where wildlife and culture unfold with picture opportunities and sightseeing. The **Rainforest Hike** will begin with a drive through parts of the city of **Castries** then on through various small communities with cameras in hand as your drive will continue through the community of Bexon, which sits in one of the flattest lines of the rainforest. Your **hike of 1.75 miles** will take about 1 hour and 45 minutes to complete. During this time you will get to experience nature and a chance to **view some of the 23 species of birds** on the island, including St. Lucia's National Bird - the **St. Lucian Parrot**. As if it could not get any better, you will get an opportunity to take a cool dip and relax in a natural river pool. The river water is very clean and it is used to supply the community with drinking water. You will get to **taste the local fruits** in season as well as freshly made local juice. During special times of the year when certain vegetables are in season you may also be see the guides roasting these items over a bonfire.

Please note: The road to the hiking trail is winding and bumpy, and persons prone to motion sickness are asked to take the necessary precautions prior to the tour. If participants are allergic to the tropics bring along insect repellent. Swimwear should be worn underneath your clothing. Bring along a towel and sunscreen and wear comfortable walking shoes.

PRICE\$99

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## St. Lucia: Sights and Casteries

ACTIVITY LEVEL: EASY

Take a drive through the island's countryside. Your first stop is at **Eudovic's Art Studio** or La Toc Battery. At Eudovic's Art Studio local woods are used for abstract carvings and since no two roots are the same, every single sculpture is unique and different. The main wood used is **Laurier Canelle**, which is now extinct on the island, but the old stumps and uncovered roots which are usually found deep in the forest are now used. Laurier Canelle has a remarkable beauty which one can see after a sculpture has been completed. It is also very durable. Other woods used are Mahogany, Teak, Laurier Mabouey and red and white cedar. Continue on to visit an **old colonial style home** – St. Mark's – which offers a lovely hillside retreat and a chance to enjoy refreshments and the panoramic views of Castries and its environs. Next, you will visit the **local market** where colors come alive in the variety of vegetables and fruits on display and the aromatic scents of various spices. Your northward return to Pigeon Point will follow an alternative route from your outward journey. You will have time to pause at idyllic Reduit Beach for a **delicious complimentary fruit punch** at a seaside restaurant and unparalleled views of white sands and blue seas with your Windstar yacht at anchor beyond. Shortly thereafter, you will return to the tender pier.

Please note: Comfortable shoes or sandals are recommended, preferably with rubber soles.

PRICE\$49

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## St. Lucia: Two-Tank Certified SCUBA

ACTIVITY LEVEL: STRENUOUS

A PADI-qualified boat will take you on a leisurely cruise along the west coast of St. Lucia, passing a few resorts and fishing villages before arriving at your diving destination. The gardens of coral in the **Soufriere Marine Reserve** span an area from Marigot Bay down to the Pitons, offering a **wonderful array of fish** including snapper, sturgeon, parrotfish, triggerfish, and more. This will be an **exciting treat for all divers**. After your first dive, you will return to the boat for refreshments and a light snack before heading out for a second dive to either a wreck, wall, or reef dive.

Please note: As this is a two-tank dive, there is a 40-minute to 1-hour rest period between the first and second dives. The depth of the second dive is anywhere between 40 to 75 feet. Wear your swimsuit under your clothing and bring a towel. (Towels will be available at the gangway.) Your waiver release form must be signed and medical conditions must be disclosed. Bring your C-card.

PRICE\$179

